

2023 COMMUNITY OF PRACTICE COURSE SUMMARY

THE WSW COMMUNITY OF PRACTICE (COP) SERVES THREE AIMS:

- 1** Grow and expand on School Social Worker's knowledge base through 45 hours of training on effective school mental health systems and culturally-relevant, evidence supported data, systems, and practices across the MTSS continuum to ensure all students can thrive.
- 2** Reduce School Social Workers' sense of isolation and improve retention by facilitating community-building, camaraderie and consultation/supports to enrolled graduate students and practicum/field instructors.
- 3** Support and invest in building a Washington State School Social Work labor force that reflects the communities they serve by centering and uplifting voices from historically marginalized their positionality and experiences (caucusing, mentorship opportunities, etc.).

The WSW COP brings together practicum/field instructors and students for practice and reflection on what they are learning. It combines didactic presentations from leaders in the field with experiential exercises.

WSW conditional scholarship recipients are required to attend the full 90 minutes of their section of the COP. Synchronous, online training (first 45 minutes of each session) is supplemented with brief readings and reflective assignments. During the second half of each 90-minute COP session, students will learn skills in effective consultation and opportunities to practice intervention/assessment models supported by trained social work mentors with the aim of increasing rates of generalization into real-world settings. The COP aims to be a place where students from across the state can build community and connections as they enter the field, culminating in an in-person retreat in May of 2024.

Practicum instructors fill a vital role in supporting social work students entering the field of School Social Work practice. The WSW practicum instructors are invited and encouraged to attend the first 45 minutes of each COP for didactic presentations on topical issues in the School Social Work field. Attendance/participation can also earn clock hours toward professional development goals.

VISIT [wswinitiative.org](https://www.wswinitiative.org)
QUESTIONS wswinitiative@uw.edu

The COP is divided into two parts and runs for a total of twenty sessions during the 2023-2024 academic year (October 2023 through May 2024).

We are hosting **two sections** of the COP to ensure that we have small sections to facilitate dialogue and to dive deeply into the material:



Wednesdays 12pm – 1:30pm and Thursdays 10am – 11:30am

We ask that practicum/field instructors and students sign up for the same COP section. Attendance is required for scholarship students.

With instructor approval, the first 45 minutes of the COP will be open to additional participants to help support dissemination of culturally-relevant and evidence-supported models to the larger school-based mental health practitioner community (additional staff at participating school-sites, additional graduate students interested in school social work).

SESSIONS 1 – 10	SCHOOL SOCIAL WORK FRAMEWORKS AND SYSTEMS: Assessment, Implementation and Monitoring for School and Student Change
<p><i>Sessions 1-10 focus on examining the current state of school-based behavioral healthcare in Washington as well as the roles social workers fill. Field instructors and students will receive didactic presentations from local/national experts on systems-level models for addressing school-based behavioral healthcare needs in a social work context.</i></p> <p><i>Participants will learn skills in analyzing environments to determine needed supports and building/implementing requisite Washington MTSS systems and strategies.</i></p>	
SESSIONS 11 – 20	INNOVATIONS IN INTERVENTIONS ACROSS TIERS: Presenting Issues and Potential Solutions in School Social Work Practice
<p><i>Sessions 11-20 focus on innovations and interventions related to common topics in school social work practice including small group and individual counseling interventions. All systems-level and individual/group models are grounded in evidence-based practices and viewed through a lens of race and equity. Participants will have access to training and implementation support from leaders in the field.</i></p>	

Social work students and practicum instructors will leave the COP more prepared to address issues presented in evolving school social work practice settings, more confident in real-world applications of evidence-based models, and more connected to change-makers, leaders, and colleagues in the field.

VISIT wswinitiative.org
QUESTIONS wswinitiative@uw.edu

PROPOSED SESSION CONTENT

SESSIONS
1 – 10

SCHOOL SOCIAL WORK FRAMEWORKS AND SYSTEMS: Assessment, Implementation and Monitoring for School and Student Change

CORE CONTENT:

- Introductions, 'Why School Social Work' and 'Why COP'
- State of school-based behavioral healthcare in WA
- Importance of role definition- who are we and why do we do what we do/interdisciplinary teaming
- School Mental Health & Washington's MTSS Framework: A Single System of Delivery, **PARTS 1-6**
 - PART 1: Evolution of Student Support Tiered Frameworks**
 - RTI, PBIS, MTSS, ISF
 - PART 2: Washington MTSS Framework and School Mental Health: An Interconnected Systems Approach Overview**
 - Definitions, Components, Critical Features, Key Messages
 - PART 3: Washington MTSS and School Mental Health Installation at the School level**
 - Assessing Status
 - Aligning all social, emotional, behavioral, and mental health initiatives
 - Community Partners, Family & Student Involvement
 - Teaming: Routines and Procedures
 - PART 4: Changing Role of the SSWr and other School and Community Based Clinicians across all three tiers**
 - PART 5: Using Data for Decision Making and Equity**
 - Fidelity, Perception, and Outcome Data
 - Strengthening Tier 1, Selecting Interventions and Monitoring Progress
 - PART 6: Universal Screening, Exploration, Adoption, and Implementation**
 - Review of the Washington State Model District Template for SEBMH Recognition Screening and Response
- Screening and Monitoring for Substance Use and Behavioral Health Concerns

VISIT wswinitiative.org
QUESTIONS wswinitiative@uw.edu

SESSIONS
11 – 20

CROSS-CUTTING ISSUES & INNOVATIONS IN INTERVENTIONS
ACROSS TIERS: Presenting Issues and Potential Solutions in School
Social Work Practice

CORE CONTENT

- **School Refusal**
- **Suicidality**
- **Externalizing Behavior Problems**
- **Threat Assessment**
- **MKV and Foster Youth**
- **WA State SEL Curriculum and Implementation**
- **Inclusionary Practices/Partnering with Special Education Teams**
- **Tier Two Supports:** Small Group Work: CBITs
- **Tier Three Supports:** Brief Counseling Intervention: FAST
- **Tier Three Supports:** Wraparound in Schools

VISIT wswinitiative.org
QUESTIONS wswinitiative@uw.edu